

## Crowell fourth at RPAC Championships

Written by Wauneta Breeze

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**Gage Crowell (top), shown above wrestling Marcus Fox at the Dundy County-Stratton Invite, defeated Fox in the first round of the RPAC meet and went on to finish fourth. (Diane Stamm | The Wauneta Breeze)**

**By Diane Stamm**

### **The Wauneta Breeze**

Wauneta-Palisade wrestlers Cody Barrett and Gage Crowell headed to Alma Friday for the RPAC meet.

Crowell opened the meet with a pin of Marcus Fox of Dundy County-Stratton.

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In his second match, Crowell lost to Asic Helberg of Southwest by pin. Helberg is 28-7 on the season and finished the meet in second place.

In the third round, Crowell lost by a pin to meet champion Tanner Wernsman of Arapahoe. Wernsman is 27-2 on the season.

Crowell defeated Logan Miller of Southern Valley 10-6 in sudden death in the fourth round and wrapped up the meet losing to Cole Kennedy of Loomis/Bertrand by a pin. Kennedy finished in third place.

Coach Chad Cochran said he and Crowell were happy with the fourth place finish, but said he believes Crowell has it in him to keep improving and pick wins against better opponents.

Cochran said Helberg and Wernsman are both ranked in Class D.

Cody Barrett moved down to 138 for the first time this season. The eight-man weight group was split into two pools and then seeded into finals.

“Cody did finally make it down to 138 where he will stay for the rest of the season,” said Cochran. “He seems to fit this class a little better.”

Barrett lost his first round match to Tucker Bergquist of Southern Valley, his second match to Grant Dahlgren of Loomis/Bertrand and his third match to Rodger Farr of Medicine Valley.

Cochran said Barrett wrestled hard in the match against Farr making it to the third period and only trailing 0-2 before being pinned.

“He is really starting to understand how things work and is seriously getting better week to

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week. He just needs to get some experience and he will be fine,” said Cochran.

In the finals he lost to Daniel Sandberg of Dundy County-Stratton and Jacob Gardner of Arapahoe.

Bergquist is 16-1 on the season and won the meet.

Dalhgren, 17-9, was second.

Busy week ahead

Cochran says the team will have a busy and tough schedule this week.

“Medicine Valley is a large tournament with a lot of teams,” he said. WP will also be at Arapahoe Saturday.